Nothing in life is certain.

Nobody knows this better than the widowed.

Especially women.
Especially women who have reached an age where starting over isn't supported by the world at large.

Careers, relationships, physical health, future milestones...

All of these things are set in motion early in life - not halfway through.

The thought of starting over after losing not just a spouse, but all that came with them -

the friends, the activities, the routines, the expectations, the support...

- can range anywhere from daunting to crippling.

But it doesn't have to be.

It is possible to start over in our 50's, 60's and 70's. And beyond.

It is possible to create A Great Second Act.

DragonflyYOU can help.



www.DragonflyYOU.com



Ancaster Ontario Canada

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Women at midlife turning widowhood into a Great Second Act





Imagine I had a magic wand.

I'm offering you a wish. One wish.

But you have to use it to create something very specific.

Open your mind, let it drift. Go to those long buried thoughts about the life, the purpose, the YOU you once thought you could be. Until, well, things just didn't work out that way.

Let yourself imagine a new life.

A new YOU.

Imagine having, doing, being everything you ever wanted.





What do you want?

Who do you see?

Now imagine actually making that happen.

Just for this moment, ignore the doubt.

Don't worry about the how.

Tuck the fear away.

Just for now.

Imagine that it's possible.

The YOU you've always known is hidden deep inside. You see her every now and again and you send her away because you don't want to face her and whatever it was that made you pretend she never existed.

Bring her out and say hello.

Ask her what she wants.

Listen to what she tells you.

What if you could do it? For real.

What if she is now **Future YOU**?

What if you could make that happen - become the YOU you've always wanted to be?

Now is the time. To set yourself up

with a life that YOU choose, that

YOU choose, that YOU create. A life that lights your soul on fire. A life that brings meaning to you and everyone around you.

Because when you have little left to lose, everything becomes possible.

The wisdom that comes with life experience, the confidence that comes from owning grief, the potential that comes from conquering fear.

These are your super powers.

These are your super powers

The magic is within you. It's waiting. Let's make this happen.

